South Africa is the richest country in Africa, and could be one of the richest countries in the world. But it is a country of extremes and remarkable contrasts. The Whites enjoy what may well be the highest standard of living in the world, whilst Africans live in poverty and misery. Forty per cent of the Africans live in hopelessly overcrowded and, in some cases, drought stricken Reserves, where soil erosion and the overworking of the soil makes it impossible for them to live properly off the land. Thirty percent are labourers, labour tenants, and squatters on White farms and work and live under conditions similar to those of the serfs of the Middles Ages. The other 30 per cent live in towns where they have developed economic and social habitus which bring them closer in many respects to White standards. Yet most Africans, even in this group, are impoverished by low incomes and high cost living.

The highest-paid and the most prosperous section of urban African life is in Johannesburg. Yet their actual position is desperate. The latest figures were given on 25 March 1964 by Mr. Carr, Manager of the Johannesburg Non-European Affairs Department. The poverty datum line for the average African family in Johannesburg (according to Mr Carr's Department) is R42.84 per month. He showed that the average monthly wage is R 32.24 and that 46 percent of all Africans families in Johannesburg do not earn enough to keep them going.

Poverty goes hand in hand with malnutrition and disease. The incidence of malnutrition and deficiency diseases is very high amongst Africans. Tuberculoses, pellagra, kwashiorkor, gastroenteritis and scurvy bring death and destruction of health. The incidence of infant mortality is one of the highest in the world. According to Medical Officer of Health for Pretoria, tuberculosis kills forty people a day (almost all Africans), an in 1961 there were 58,491 new cases reported. These diseases not only destroy the vital organs of the body, but they result in retarded mental conditions and lack of initiative, and reduce powers of concentration. The secondary results of such conditions affect the whole community and the standard of work performed by African labourers.

The complaint of Africans, however, is not only that they are poor and the Whites are rich, but that the laws which are made by the Whites are designed to preserve this situation. There are two ways to break out of poverty. The first is by formal education, and the second is by the worker acquiring a greater skill at his work and this higher wages. As far as Africans are concerned, both these avenues of advancement are deliberately curtailed by legislation.

The present Government has always sought to hamper Africans in their search for education. One of their early acts, after coming into power, was to stop subsidies for African school feeding. Many African children who attended schools depended on this supplement to their diet. This was a cruel act.

There is compulsory education for all White children at virtually no cost to their parents, be they rich or poor. Similar facilities are not provided for the African children, though there are some who receive assistance. African children however generally have to pay more for their schoolings than whites. According to figures quoted by the South African Institute of Race Relations in its 1963 journal, approximately 40 per cent of African children in the age group between seven to fourteen do not attend school. For those who do attend school, the standards are vastly different from those afforded to White children. For those who attend school, the standards are vastly different from those afforded to White children. In 1960-61 the per capita Government spending on African students at State-aided schools was estimated at R 12.46. In the same years, the per capita spending on White children in the Cape Province (which are the only figures available to me) was R 144.57. Although there are no figures available to me, it can be stated, without doubt, that the White children on whom R 144.57 per head was being spent all came from wealthier homes than African children on whom R 12.46 head was being spent.

The quality of education is also different. According to the Bantu Educational Journal, only 5,660 African children in the whole South Africa passed their JC in 1962, and in that year only 362 passed matric. This is presumably consistent with the policy of Bantu education about which the present Prime Minister said, during the debate on the Bantu Education Bill in 1953:

When I have control of Native education I will reform it so that Natives will be taught from childhood to realize that equality with Europeans is not for them... People who believe in equality are not desirable teachers for Natives. When my Department controls Native education it will know for what class of higher education a Native is fitted, and whether he will have a chance in life to use his knowledge.

The other main obstacle to the economic advancement of the African is the industrial colourbar under which all the better jobs of industry are reserved for Whites only. Moreover, Africans who do obtain employment in the unskilled and semi-skilled occupations which are open to them are not allowed to form trade unions which have recognition under the Industrial Conciliation Act. This means that strikes of African workers are illegal, and that they are denied right of collective bargaining which is permitted to the better-paid White workers. The discrimination in the policy of successive South African Governments towards African workers is demonstrated by the so-called 'civilized labour policy' under which sheltered, unskilled Government jobs are found for those White workers who cannot make the grade in industry, at wages which far exceeded the earnings of the average African employee in industry.

The Government often answers its critics by saying that Africans in South Africa are economically better off than the inhabitants of the other countries in Africa. I do not know whether this statement is true and doubt whether any comparison can be made without having regard to the cost-of-living index in such countries. But even if it is true, as far as the African people are concerned it is irrelevant. Our complaint is not that we are poor by comparison with people in other countries, but that we are poor by comparison with the White people in our own country, and that we are prevented by legislation from altering this imbalance.

The lack of human dignity experienced by Africans is the direct result of the policy of White supremacy. White supremacy implies Black inferiority. Legislation designed to preserve White supremacy entrenches this notion. Menial tasks in South Africa are invariably performed by Africans. When anything has to be carried or cleaned the White man will look around for an African to do it for him, whether the African is employed by him or not. Because of this sort of attitude, Whites tend to regard Africans as separate breed. They do not look upon them as people with families of their own, they do not realize that they have emotions - that they fall in love like White people do; that they want to be with their wives and children like White people want to be with theirs; that they mant to school. And what 'house-boy' or 'gardenboy' or labourer can ever hope to do this?

Pass laws, which to the Africans are among the most hated bits of legislation in South Africa, render any African liable to police surveillance at any time. I doubt whether there is a single African male in South Africa who has not at some stage had a brush with police over his pass. Hundreds and thousands of Africans are thrown into jail each year under pass laws. Even worse than this is the fact that pass laws keep husband and wife apart and lead to the break-down of family life.

Poverty and the breakdown of family life have secondary effects. Children wander about the streets of townships because they have no schools to go to, or no money to enable them to go to school, or no parents at home to se that they go to school, because both parents (if there be two) have to work to keep the family alive. This leads to a breakdown in moral standards, to an alarming rise in illegitimacy, and to growing violence which erupts, not only politically, but everywhere. Life in the townships is dangerous. There is not a day that goes by without somebody being stabbed or assaulted. And violence is carried out of the townships in the White living areas. People are afraid to walk alone in the streets after dark. Housebreaking and robberies are increasing, despite the fact that the death sentence can now be imposed for such offences. Death sentences cannot cure the festering sore.

Africans want to be paid a living wage. Africans want to perform work which they are capable of doing, and not work which the Government declares them to be capable of. Africans want to be allowed to live where they obtain work, and not be endorsed out of an area because they were not born there. Africans want to be allowed to own land in places where they work, and not be obliged to live in rented houses which they can never call their own. Africans want to be part of the general population, and not confined to living in their own ghettos. African men want to have their wives and children to live with them where they work, and not be forced into an unnatural existence in men's hostels. African women want to be with their menfolk and not be left permanently widowed in Reserves. Africans want to be allowed out after eleven o'clock at night and not to be confined to their rooms like little children. Africans want to be allowed to travel in their own country and to seek work where they want to and not where the Labour tells them to. Africans want a just share in the whole of South Africa, they want security and a stake in society. Above all we want equal political rights, because without them our disabilities will be permanent. I know this sounds revolutionary to the Whites in the country, because the majority of voters will be Africans. This makes the White man fear democracy.

But this fear cannot be allowed to stand in the way of the only solution which will guarantee racial harmony and freedom for all. It is not true that the enfranchisement of all will result in racial domination. Political division, based on colour, is entirely artificial and, when it disappears, so will the domination of one colour group by another. The ANC has spent half a century fighting against racialism. When it triumphs it will not change that policy.

This then is what the ANC is fighting. Their struggle is a truly national one. It is a struggle of the African people, inspired by their own suffering and their own experience. It is the struggle for the right to live.

During my lifetime I have dedicated myself to this struggle of the African people. I have fought against White domination, and I have fought against Black domination. I have cherished the ideal of a democratic and free society in which all persons live together in harmony and with equal opportunities. It is an ideal I hope to live for and to achieve. But if needs, it is an ideal for which I am prepared to die.

Nelson Mandela, No easy Walk to Freedom (1965), Penguin Books 2002, p. 165-170